ಭಾರತೀಯ ಆದಿಮಜಾತಿ ಸೇವಕ ಸಂಘ (ರಿ)
ಬಿ.ಎ.ಜೆ. ಎಸ್. ಎಸ್. ಕಲಾ ಮತ್ತು ವಾಣಿಜ್ಯ ಮಹಿಳಾ ಮಹಾವಿದ್ಯಾಲಯ
ಹಲಗೇರಿ ರಸ್ತೆ.
Affiliated to Karnataka State Women's University Bijapur.
Bhartiya Adimjati Sevak Sangh(R)
BA JSS Arts and Commerce College for women
Sri Gayatri Campus, Halageri Road Ranebennur581115 Dist.: Haveri State Karnataka
STD:08373- Office: 267968, 297468, Mobile: 9481736128
Email: bajsswck09@gmail.com web: bajsswomenscollege.com

1.2.1 Number of Add on / Certificate / Value Added programme offered during the last five years.

This is to certify that, in addition to the regular 02 UG programme i.e., BA and B.Com., based on the students feedback, stakeholders recommendations and overview of IQAC during students interaction, college has introduced 02 value added courses i.e., Spoken English and Yoga during the last five years. The details of the activities along with supporting documents are made available on Institutional Website.

Year	Title of the Value Added course	Page No. From – To
	SPOKEN ENGLISH	
2020-21	Brochure	2
	Circular	3
	Time Table	4 – 6
	Profile of the Resource Person	7
	Geotagged Photo	8
	Model Certificate	9
	Course completion letter	10
	Students Attendance	11 - 14
	Model Question paper	15
	YOGA	
2020-21	Brochure	16
	Circular	17
	Time Table	18
	Syllabus copy	19-20
	Profile of the Resource Person	21-22
	Model Certificate	23
	Outcome of the course	24
	Summary	25-26
	List of students enrolled	27
	Students Attendance Register	28-29
	Model Question Paper	30-32

IQAC Co-ordinator
B.A.J.S.S.
Arts & Commerce College for Women
Halageri Road,
RANEBENNUR-581115

B.A.J.S.S. Arts & Commerce College for Women RANEBENNUR 581115.

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BAJSS. Arts & Commerce College For Womens
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B.A.J.S.S ARTS & COMMERCE COLLEGE FOR WOMEN
HALAGERI ROAD RANEBENNUR-581115

2020-21

CERTIFICATE COURSE IN SPOKEN ENGLISH



Course will commence from 15-01-2021

Timing: Every Friday and Saturday 4PM to 6PM

Venue: ICT Hall No:11

IQAC Initiative

Organised By Department Of English

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ಭಾರತೀಯ ಆದಿಮಜಾತಿ ಸೇವಕ ಸಂಘ (ರಿ)

ಬಿ.ಎ.ಜೆ.ಎಸ್.ಎಸ್. ಕಲಾ ಮತ್ತು ವಾಣಿಜ್ಯ ಮಹಿಳಾ ಮಹಾವಿದ್ಯಾಲಯ

ಹಲಗೇರಿ ರಸ್ತೆ,

Permanently Affiliated to Karnataka State Womens University, BIJAPUR.

Bharatiya Adimjati Sevak Sangh (R.)

B.A.J.S.S. Arts & Commerce College for Women

Sri Gayatri Campus, Halageri Road, **RANEBENNUR-581 115**. Dist. : Haveri State : Karnataka

Ref. No. : B.A.J.S.S./Admn/

Circulas

Date: 04-01-2021

This is to bring to the Notice of all the students of our college is that as usual our college will start short term Certificate course in Spoken English during this academic year from 15-01-2021 to 15-03-2021. Interested students are here by informed to enroll their names to Sri. Devaraj S. Hanchinamani, Course Organizer on or before 12-01-2021.

Timings of the Classes is as follows.

Friday and Saturday 4 Pm to 6 Pm.

Course organizer

Co-ordinator

Principal

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Halageri Road, RANEBENNUR-581115

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BAJSS Arts & Commerce College For Womens
Halageri Road, RANEBENNUR-581115

Copy to :

Course organizer

H.O.D Dept of English

The Recourse Person.

Kattimani BA-I Aglawadi Cwo9-II

B.A. IV th sem BA III

Rajvin Sociology VI th

Bagali IV

BCom VI th

Kattimani BA IV

2020-21

STD : 08373 - Office : **267968, 297468** Mobile : **9481736128**
E-mail : bajsswck09@gmail.com web : bajsswomenscollege.com

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BAJSS ARTS & COMMERCE COLLEGE FOR WOMEN'S
GAYATRI CAMPUS HALAGERI ROAD RANEBENNUR-581115.
TIME TABLE FOR THE ACADEMIC YEAR 2020-21
B.A. II, IV & VI SEMESTER

DAYS	TIME CLASS	9-00 TO 10-00	10-00 TO 11-00	11-00 TO 12-00	12-00 TO 1-00	1-00 TO 2-00	2-00 TO 3-00	3-00 TO 4-00	4-00 to 6-00
MONDAY	B.A. II SEM	Kannada LH2(MYK) English (DSH) LH9 Economics(SH)LH12	Pol.Science LH1(ASN) Geography LH17(PNK) Sociology LH6(RM)	Basic KannadaLH12(MYK)	History (CMK)LH12 Compute ScienceLH20 (RKM)	Geography Lab LH17(PNK)	Basic English LH12(DSH)		
	B.A. IV SEM	History(CMK) LH11 Geography(PNK)LH17 Journalism(RB)LH7	Basic English LH11(DSH)	EconomicsLH11(SBB) Kannada LH2(NNG) English LH9(PMK)	Geography PracticleLH17(PNK)	Basic Kannada LH11(MYK)	Journalism Lab LH - 7	Journalism Lab(RB)LH7	
	B.A.VI SEM	Kannada LH5(NNG) English(PMK) LH19 Economics(SBB)	History (CMK)LH10 Education LH3 (BUM) Journalism (RB)LH7	Pol.Science LH1 (ASN) Geography LH17(PNK) Sociology LH6(RM)	Basic Kannada LH10(MYK)	History (CMK)LH10 Education LH3 (BUM) Journalism (RB)LH7	Basic Kannada LH10(NNG)	Pol.Science LH1(ASN) Geography LH17(PNK) Sociology LH6(RM)	
TUESDAY	B.A. II SEM	Basic English LH12(DSH)	History (CMK)LH12 Compute ScienceLH20 (RKM)	Kannada LH2(NNG) English (DSH) LH9 Economics(SH)LH12	Education LH3 (BUM) Journalism (RB)LH7	Basic Kannada LH12(MYK)	EVS LH - 12	Journalism Lab(RB)LH7	
	B.A. IV SEM	EconomicsLH11(SBB) Kannada LH2(NNG) English LH9(PMK)	Pol.Science LH1(MDH) Education LH 3 (BUM) Sociology LH6 (RM)	Geography Lab LH17(PNK)	Geography Lab LH-17 (PKG)	Basic English LH - 11 (DSH)	------	-----	
	B.A.VI SEM	History (CMK)LH10 Education LH3 (BUM) Journalism (RB)LH7	Geography Lab LH17(PNK)	Kannada LH2 (MYK) English (PMK) LH19 Economics(SBB)LH12	Pol.Science LH1(ASN) Geography LH17(PNK) Sociology LH6(RM)	Kannada LH5(NNG) English(PMK) LH19 Economics(SH)	Pol.Science LH1(MDH) Geography LH17(PNK) Sociology LH6(RM)	Geography Lab LH17(PNK)	
WEDNESDAY	B.A. II SEM	Education LH3 (BUM) Journalism (RB)LH7	History (CMK)LH12 Compute ScienceLH20 (RKM)	Basic Kannada LH12(MYK)	Pol.Science LH1(ASN) Geography LH17(PNK) Sociology LH6(RM)	EVS LH - 12	Kannada LH2(MYK) English (DSH) LH9 Economics(SH)LH12	-----	
	B.A. IV SEM	Basic EnglishLH11(DSH)	Pol.Science LH(MDH) Eduction LH3 (BUM) Sociology LH6(RM)	Geography Lab (PNK) LH - 17	Basic Kannada LH10(NNG)	EconomicsLH11(SBB) Kannada LH2(NNG) English LH9(PMK)	History(CMK) LH11 Geography(PNK)LH 17 Journalism(RB)LH7	-----	
	B.A.VI SEM	Pol.Science LH1 (ASN) Geography LH17(PNK) Sociology LH6(RM)	Basic Kannada LH10(MYK)	Kannada LH5(NNG) English(PMK) LH19 Economics(SBB)	History (CMK)LH10 Education LH3 (BUM) Journalism (RB)LH7	Pol.Science LH1 (MDH) Geography LH17(PNK) Sociology LH6(RM)	Geography Lab LH17(PNK)	History (CMK)LH10 Education LH3 (BUM) Journalism (RB)LH7	

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AYS	TIME CLASS	9-00 TO 10-00	10-00 TO 11-00	11-00 TO 12-00	12-00 TO 1-00	1-00 TO 2-00	2-00 TO 3-00	3-00 TO 4-00	4-00 to 6-00
THURSDAY	B.A. II SEM	Pol.Science LH1(ASN) Geography LH17(PNK) Sociology LH6(RM)	Education LH3 (BUM) Journalism (RB)LH7	Kannada LH5 (MYK) English(DSH) LH19 Economics(SH)	EVS LH - 12	Geography Lab LH17(PNK)	Basic English LH12(DSH)		
	B.A. IV SEM	EconomicsLH11(SBB) Kannada LH2(MYK) English LH9(PMK)	Basic Kannada (NNG) LH 11	History (CMK)LH11 Geography(PNK)LH17 Journalism(RB)LH7	Pol. Science LH1(MDH) Education LH3 (BUM) Sociology LH6(RM)	Basic English (DSH) LH - 11	Basic Kannada(NNG) LH11	----	
	B.A.VI SEM	History (CMK)LH10 Education LH3 (BUM) Journalism (RB)LH7	Pol.Science LH1(MDH) Geography LH17(PNK) Sociology LH6(RM)	Basic Kannada(NNG) LH10	Kannada LH5(MYK) English(PMK) LH19 Economics(SH)	History (CMK)LH10 Education LH3 (BUM) Journalism (RB)LH7	Kannada LH5 (MYK) English(DSH) LH19 Economics(SBB)	Journalism Lab(RB)LH7	
FRIDAY	B.A. II SEM	Basic English LH12(DSH)	Pol.Science LH1 (ASN) Geography LH17(PNK) Sociology LH6(RM)	EVS LH - 12	Basic Kannada (NNG) LH11	Education LH3 (BUM) Journalism (RB)LH7	----		Spoken English
	B.A. IV SEM	Pol.Science LH1(MDH) Eduction LH3 (BUM) Sociology LH6(RM)	Basic Kannada(MYK) LH11	History (CMK)LH11 Geography(PNK)LH17 Journalism(RB)LH7	Basic English LH11(DSH)	Geography Lab LH17(PNK)			
	B.A.VI SEM	Geography Lab LH17(PNK)	History (CMK)LH10 Education LH3 (BUM) Journalism (RB)LH7	Kannada LH5(NNG) English(PMK) LH19 Economics (SH)	Pol.Science LH1 (MDH) Geography LH17(PNK) Sociology LH6(RM	Kannada LH5(MYK) English(PMK) LH19 Economics(SBB)	Pol.Science LH1(MDH) Geography LH17(PNK)	History (CMK)LH10 Education LH3 (BUM)	
SATURDAY	B.A. II SEM	Kannada LH5 (NNG) English(DSH) LH 9 Economics(SH)	Basic English LH12(DSH)	Geography Lab LH17(PNK)	History (CMK)LH12 Compute ScienceLH20 (RKM)	EVS LH - 12	Basic Kannada(MYK) LH12	----	
	B.A. IV SEM	EconomicsLH11(SBB) Kannada LH2(MYK) English LH9(PMK)	History (CMK)LH11 Geography(PNK)LH17 Journalism(RB)LH7	Basic English LH11(DSH)	Basic Kannada (NNG) LH11	Journalism Lab(RB)LH7	Pol.Science LH1MDH) Eduction LH3 (BUM) Sociology LH6(RM)	-----	Spoken English
	B.A.VI SEM	Pol.Science LH1 (MDH) Geography LH17(PNK) Sociology LH6(RM	Basic Kannada(NNG) LH10	History (CMK)LH10 Education LH3 (BUM) Journalism (RB)LH7	Kannada LH5(MYK) English(PMK) LH19 Economics(SH)	Geography Lab LH17(PNK)	Kannada LH5(NNG) English(PMK) LH19 Economics(SH)	Journalism Lab(RB)LH7	

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B.A.J.S.S. ARTS AND COMMERCE COLLEGE FOR WOMEN GAYATRI CAMPUS, HALAGERI ROAD, RANEBENNUR-581115

TIME-TABLE FOR THE ACADEMIC YEAR 2020 - 21

COMMERCE DEPARTMENT

EVEN SEM ONLINE CLASSES

Days	Class	9-00 to 10-00	10-00 to 11-00	11-00 to 12-00	12-00 to 1-00	1-00 to 2-00	2-00 to 3-00	4-00 To 6-00
Monday	B.Com-II Sem	F.A/c-II(SAT)	W.Ent (SAB)	Man Eco – II (SH)	B.Eng (PMK)	B.Kan (NNG)	–	
	B.Com-IV Sem	GST –I (KKH)	P.P Ins (SAT)	Corp A/c- II (SAB)	B.Stat – II (LG)	Int.Eco (SBB)	Comp App	
	B.Com-VI Sem	Cost A/c-II (SAB)	IT –II (KKH)	B.L (Ramesh)	M.A/c (SAT)	HRM (KKH)	Indu Eco (SH)	
Tuesday	B.Com-II Sem	BCS (KKH)	FA-II (SAT)	W.Ent (SAB)	B.Eng (PMK)	HRES (SN)	B.Kan (NNG)	
	B.Com-IV Sem	P.P Ins (SAT)	Corp A/c-II (SAB)	GSFI (KKH)	Comp App (RMK)	Int Eco (SBB)	MB (SAB)	
	B.Com-VI Sem	Cost A/c – II (SAB)	BL (Ramesh)	M.A/c (SAT)	Indu Eco (SH)	Comp App (RKM)	HRM (KKH)	
Wednesday	B.Com-II Sem	B.Kan (NNG)	Man Eco – II (SH)	W. Ent (SAB)	B.Eng (PMK)	HRES (SN)	BCS (KKH)	
	B.Com-IV Sem	GSFI (KKH)	M.B (SAB)	Comp App (RKM)	B.Stat – II (LG)	Corp A/c – II (SAB)	Int Eco (SBB)	
	B.Com-VI Sem	M. A/c (SAT)	Indu Eco (SBB)	IT-II (KKH)	BL (Ramesh)	Comp App (RKM)	Cost A/c – II (SAB)	
Thursday	B.Com-II Sem	BCS (KKH)	F.A – II (SAT)	B.Eng (PMK)	HRES (SN)	Man Eco-II (SH)	W.Ent (SAB)	
	B.Com-IV Sem	Corp A/c – II (SAB)	Comp App (RKM)	P.Pins (SAT)	MB (SAB)	B.Stat – II (LG)	GSFI (KKH)	
	B.Com-VI Sem	Indu Eco (SH)	HRM (KKH)	B.L (Ramesh)	Comp App (RKM)	IT-II (KKH)	M.A/c (SAT)	
Friday	B.Com-II Sem	Man Eco – II (SH)	BCS (KKH)	HRES (SN)	BKan (MYK)	F.A/c II (SAT)	W.Ent (SAB)	Spoken English
	B.Com-IV Sem	M.B (SAB)	Comp App (RKM)	B.Stat – II (LG)	Int Eco (SBB)	GSFI (KKH)	P Ins (SAT)	
	B.Com-VI Sem	Indu Eco (SBB)	M.A/c (SAT)	Comp App (RMK)	HRM (KKH)	Cost A/c – II (SAB)	IT-II (KKH)	
Saturday	B.Com-II Sem	FA-II (SAT)	Man Eco – II (SH)	B.Kan (Myk)	HRES (SN)	BCS (KKH)	B.Eng (PMK)	Spoken English
	B.Com-IV Sem	MB (SAB)	Int Eco (SBB)	B.Stat – II (LG)	PP.Ins (SAT)	Corp A/c (SAB)	–	
	B.Com-VI Sem	HRM (KKH)	IT-II (KKH)	Comp (RKM)	Cost A/c –II (SAB)	BL (Ramesh)	—	

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Personal Profile of the Resource person

Name and address :-

Prof. H.A.Bhixavartimath
Rtd Principal
S J V P Digree Collge, Harihar.
DI:- Davanageri
M No:- 9844809965
Email ID:- habbayalu@gmail.com

Educational qualifications :-

M.A In English
Language and Literature
Karanataka University Dharwad.
P.G.D.T. (CIEFL Hudrabada).

Experience:-

1. Served as Prof and Head of the Dept. Of English S.J.V.P Degree college Harihar. From 1973 to 2007 Served as a Principal In the Same college form 2007-2011.
2. 35 Years of Teaching Experiences For UG and PG Classes S.J.V.P Degree college Harihar.
3. Served as a English Language Work book committee member, Kuvempu university Shivamoga. And Davangeri University .
4. Presently Serving as a Prof Of English at B.A.J.S.S Women's College Ranebennur From 2012 to Present day.
5. Expert in Teaching communication skills specially spoken English.
6. Participated as resources person in seminars on language and Literature now condecting spoken English classes for the interested degree students in B.A.J.S.S Women's College Ranebennur

Awards and Honours.

Recipient of many awards for creative writings in Kannada.

1. Sankarmana award
2. Ramana shri award
3. Ja.Cha.Ni award
4. Karanatak State Rajyothsva Dist award.

Thanking you

Yours faith fully

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BAJSS Arts & Commerce College For Women, Halageri Road Ranebennur-581115

An IQAC Initiative

Department Of English

CERTIFICATE COURSE IN SPOKEN ENGLISH

CERTIFICATE

This is to Certify that Miss.....Studying in BA completed a Certificate Course in Spoken English successfully, conducted in our college from 15-01-2021 to 15-03-2021

Prof: S.A.Tambe	Prof: H.A.Bhikshavartimath	Prof: Devaraj.S.Hanchinamani	Dr.R.M.Kuberappa
Principal	Resource Person	Organiser	Secretary

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BAJSS ARTS & COMMERCE COLLEGE FOR WOMEN
RANEBENNUR
DEPT OF ENGLISH

To,
The Principal
BAJSS Arts & Commerce college for women
Ranebennur

From,
Devaraj S Hanchinamani
Co-Ordinator,
Certificate Course in Spoken English
BAJSS Arts & Commerce college for women
Ranebennur

Sub: Successful completion of the certificate course in Spoken English for degree students of our college.

I am glad to bring to your notice that the department of English of our college conducted certificate course in spoken English in our college from 15-01-2021 to 15-03-2021 for about 30 Hours, 45 students attended the course regularly and found it useful for their future career.

Thanking you,

Yours faithfully

Resource person

Co-ordinator

Date- 25-03-2021

Place- Ranebennur.

HOD, Department of English

- 2020-21

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B.A.J.S.S ARTS & COMMERCE COLLEGE FOR WOMEN GAYATRI CAMPUS
HALAGERI ROAD RANEBENNUR-581115

DEPRTMENT OF ENGLISH

Certificate Course in Spoken English
From 15-01-2021 to 15-02-2021

Attendance List of Spoken English Class 2020-21 *Date:* *Total :90 Hours*

Sl No	Student Name	Class	15/1	18/1	16/1	22/1	23/1	23/1	29/1	29/1	30/1	5/2	6/2	6/2	12/2	13/2	15/2
1	ARCHANA PARASHURAMA AGASIBAGILAVAR	BA-I												–			
2	ASHWINI GADIGEPPA HAVERI	BA-I				–		–						–			
3	ASHWINI NAGAPPA NITTUR	BA-I				–								–			
4	DIVYA RAMANAGOUDA DODDAGOUDRA	BA-I															
5	GANGAMMA MAILARAPPA AGASANAHALLI	BA-I				–		–						–			
6	MADHU KARABASAPPA ANGARAGATTI	BA-I				–		–						–			
7	NAGAMMA M	BA-I				–											
8	NAGAMMA M MALAPPANAVAR	BA-I			–			–			–			–			
9	NANDA AJJANAGOUDA CHANNAGOUDRA	BA-I			–									–			
10	NANDINI DODDAGOUDA TOTADA	BA-I									–						
11	NEHA GOUDASHIVANNANAVAR	BA-I			–						–			–			
12	POOJA PRAKASH HULLATTI	BA-I															
13	POOJA SHANMUKAPPA KAMANNANAVAR	BA-I															
14	PRIYA P BIDARI	BA-I										–		–			
15	PRIYA VEERANAGOUDA GANGAPPANAVAR	BA-I															
16	RANJITA MAHESHAPPA ANTARAVALLI	BA-I															
17	SANGEETA MEGALAMANI	BA-I	–				–										
18	SAVITA NELLIKOPPA	BA-I	–				–					–		–			
19	SHOBHA GADIGEPPA OLEKAR	BA-I															
20	SHRUTI HANUMANTHAPPA MUDEGOUDRA	BA-I															
21	SHWETA MANCHARAPPA HULMANI	BA-I															
22	SINDHU HANUMANTAPPA BALLARI	BA-I															
23	SINDHU M MANNAPPANAVAR	BA-I					–							–			
24	VIJAYALAKSHMI NAGAPPA GUNDAGATTI	BA-I	–				–					–					
25	ANNAPOORNA HONNAPPA HULIHALLI	Bcom-I												–	–		
26	BHAVYA DEVENDRAPPA CHOUDAPPALAVAR	Bcom-I	–								–	–	–				
27	BIBIJAINAB SHIVAMOGGA	Bcom-I															
28	CHAITRA ANTRAVALLI	Bcom-I					–					–	–				
29	CHAITRA HANUMANTHAPPA KORAVAR	Bcom-I				–							–				

HOD, Dept. of English

Co-ordinator

Principal

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30	CHAITRA KOTRESH KADARAMANDALAGI	Bcom-I	
31	DEEPA DEVARAGUDDA	Bcom-I	
32	GANGA RAJASHEKHAR KAMBALI	Bcom-I	
33	GEETA KOTEPPA BANNIHATTI	Bcom-I	
34	GOURI MANEGAR	Bcom-I	
35	HARSHITA VENKAREDDI CHALAGERI	Bcom-I	
36	HEMAVATI SURESHA MUDAREDDI	Bcom-I	
37	HONNAVVA NAGAPPA HOTTININGANNANAVAR	Bcom-I	
38	JEEVITHA B ALADAGERI	Bcom-I	
39	JYOTHI KUDARIHAL	Bcom-I	
40	REKHA MANJUNATHA BARKI	Bcom-I	
41	RENUKA MANJAPPA MANNUR	Bcom-I	
42	SAKKUBAI GANGADHAR HALAWAGAL	Bcom-I	
43	SALMA CHIKKALAGAR	Bcom-I	
44	SAVITRAVVA HULIGEPPA CHATRAD	Bcom-I	
45	SHALINI BASAVARAJ NEELAPPANAVAR	Bcom-I	

Signature of the Course Co-ordinator

CO-ORDINATOR

HoD, Dept. of English

Signature of the Resource Person

Signature of the Principal

PRINCIPAL

BAJSS. Arts & Commerce College For Women
Halageri Road, RANEBENNUR-581115

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B.A.J.S.S ARTS & COMMERCE COLLEGE FOR WOMEN GAYATRI CAMPUS
HALAGERI ROAD RANEBENNUR-581115

DEPRTMENT OF ENGLISH

Certificate Course in Spoken English
From 15-01-2021 to 15-02-2021

Attendance List of Spoken English Class 2020-21 — *Date:* — *Total :90 Hours*

Sl No	Student Name	Class
1	ARCHANA PARASHURAMA AGASIBAGILAVAR	BA-I
2	ASHWINI GADIGEPPA HAVERI	BA-I
3	ASHWINI NAGAPPA NITTUR	BA-I
4	DIVYA RAMANAGOUDA DODDAGOUDRA	BA-I
5	GANGAMMA MAILARAPPA AGASANAHALLI	BA-I
6	MADHU KARABASAPPA ANGARAGATTI	BA-I
7	NAGAMMA M	BA-I
8	NAGAMMA M MALAPPANAVAR	BA-I
9	NANDA AJJANAGOUDA CHANNAGOUDRA	BA-I
10	NANDINI DODDAGOUDA TOTADA	BA-I
11	NEHA GOUDASHIVANNANAVAR	BA-I
12	POOJA PRAKASH HULLATTI	BA-I
13	POOJA SHANMUKAPPA KAMANNANAVAR	BA-I
14	PRIYA P BIDARI	BA-I
15	PRIYA VEERANAGOUDA GANGAPPANAVAR	BA-I
16	RANJITA MAHESHAPPA ANTARAVALLI	BA-I
17	SANGEETA MEGALAMANI	BA-I
18	SAVITA NELLIKOPPA	BA-I
19	SHOBHA GADIGEPPA OLEKAR	BA-I
20	SHRUTI HANUMANTHAPPA MUDEGOUDRA	BA-I
21	SHWETA MANCHARAPPA HULMANI	BA-I
22	SINDHU HANUMANTAPPA BALLARI	BA-I
23	SINDHU M MANNAPPANAVAR	BA-I
24	VIJAYALAKSHMI NAGAPPA GUNDAGATTI	BA-I
25	ANNAPOORNA HONNAPPA HULIHALLI	Bcom-I
26	BHAVYA DEVENDRAPPA CHOUDAPPALAVAR	Bcom-I
27	BIBIJAINAB SHIVAMOGGA	Bcom-I
28	CHAITRA ANTRAVALLI	Bcom-I
29	CHAITRA HANUMANTHAPPA KORAVAR	Bcom-I

HOD, Dept of English

Resource persons

Co-ordinator

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			15/2	15/2	16/2	22/2	23/2	27/2	29/2	29/2	30/2	1/3	6/3	6/3	12/3	13/3	15/3
30	CHAITRA KOTRESH KADARAMANDALAGI	Bcom-I															
31	DEEPA DEVARAGUDDA	Bcom-I															
32	GANGA RAJASHEKHAR KAMBALI	Bcom-I															
33	GEETA KOTEPPA BANNIHATTI	Bcom-I															
34	GOURI MANEGAR	Bcom-I															
35	HARSHITA VENKAREDDI CHALAGERI	Bcom-I															
36	HEMAVATI SURESHA MUDAREDDI	Bcom-I	HV	HV	HV	HV	HV	HV	HV	HV	HV	HV	HV	HV	HV	HV	HV
37	HONNAVVA NAGAPPA HOTTININGANNANAVAR	Bcom-I															
38	JEEVITHA B ALADAGERI	Bcom-I															
39	JYOTHI KUDARIHAL	Bcom-I															
40	REKHA MANJUNATHA BARKI	Bcom-I															
41	RENUKA MANJAPPA MANNUR	Bcom-I															
42	SAKKUBAI GANGADHAR HALAWAGAL	Bcom-I															
43	SALMA CHIKKALAGAR	Bcom-I															
44	SAVITRAVVA HULIGEPPA CHATRAD	Bcom-I															
45	SHALINI BASAVARAJ NEELAPPANAVAR	Bcom-I															

Signature of the Course Co-ordinator

CO-ORDINATOR

HOD, Dept. of English

Signature of the Resource Person

Signature of the Principal

PRINCIPAL

BAJSS. Arts & Commerce College For Womens

Hulageri Road, RANEBENNUR

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B.A.J.S.S ARTS & COMMERCE COLLEGE FOR WOMEN HALAGERI ROAD RANEBENNUR-581115

DEPARTMENT OF ENGLISH

Certificate Course in Spoken English

ANNUAL EXAM OF THE SPOKEN ENGLISH COURSE

15-03-2021

Answer the questions as directed **4X5=20**

1. Correct the following sentences:
   a. The teacher with his ten students have gone on a study tour.
   b. Our product is superior than his product.
   c. This is an useful suggestion.
   d. One of my relatives are working abroad.
   e. Two and Two make four.
2. Combine the following sentences with appropriate conjunctions:
   a. He did not pass the examination. He studied hard.
   b. Saleem ate chocolate, Subhas drank tea.
   c. He is tired, He wants to take rest.
   d. Kirti has not attended the class. She is not feeling well.
   e. He is very wise. He is arrogant.
3. Give one word substitution for the following
   a. Something that happens/occurs once in two years
   b. A person who fights for the cause of women
   c. One who has lost his/her parents
   d. A period of ten years
   e. A group of listeners
4. Choose the right adverb or adjective given in the brackets:
   a. Mr Patil is a ..... (clever/cleverly) lawyer.
   b. I am ..... (Happy/happily) to assist you.
   c. She answered all the questions.....(quick/quickly)
   d. It has been raining ..... (continuous/continuously)
   e. He runs very .....(fast/fastly)

Answer the following questions in 200 to 250 words each: **3X10=30**

5. Write a dialogue between two friends on ONLINE LEARNING SYSTEM.
6. Write a short speech on the occasion of Swami Vivekananda Jayanti.
7. Draw a dialogue between a police inspector and a public discussing about the traffic jam.

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About our Institution:

The BAJSS is an all India level service organization which was founded by the late Sh.Thakkar Bapa In Delhi In the year 1949. Prime aim of this organization is to meet the educational needs of the tribal and the poor people of the rural folk of India.Dharwad branch of the BAJSS organization of Karnataka State ventured to establish BAJSS Arts and Commerce College for women at Ranebennur in 1979 and BAJSS First Grad Arts and Commerce College at Ranebennur in 2006 to promote the educational needs of the backward ruralyouth of Ranebennur Taluk. Our BAJSS is the pioneer institution to open the college exclusively for women in the undivided Dharwad District of Karnatak with a broad vision to make young women knowledgeable employable and responsible citizens of India.Recognizing the quality education of our institMion provided to the ruralwomen. the NAAC reaccredited our women's college at B levelin 2013. The able guidance of our beloved chairman of our institution Sri Rudrappa M. Lamoniand our beloved Secretary/ Administrator Dr. R.M. Kuberappo have been instrumental in all our academic achievements and accomplishments

Course structure:
Duration:
Course structure:
* The course comprises of 90 periods of 45 Days.
* Registrations are limited to 80 participants on a first come first serve basis.
* Enroll your name with co-ordinator on or before 21-06-2021

Fee Structure: Free Course

Contact Details:
EMail: bajsswck09@gmail.com
Mob:
9449925505,9448068095,9731311298,9482551293

Course Objectives:
- To enable the student to have good health
- To Practice Mental Hygiene
- To Possess Emotional Stability
- To Integrate Moral Value

Course Outcome:
- Equip themselves with basic knowledge about their personality
- Learn techniques of gaining good health
- Learn Origin of Yoga systems
- Student can understand Digestive System
- Student can understand how the the blood circulation of blood increases

Assessment:
The assessment of ones performance will be based on attendance, yoga practice observation, weekly once individual assessment is made by assigning different types of yoga.

Organizing Team:
Dr. Suresh Banakara,
Principal, BAJSS Arts & Commerce Coolege for Wome,Ranebennur.

Dr.R.M.Kuberappa, Secretary,
BAJSS (R), Ranebennur.

Prof.Rajiv K.M. Yoga Expert
BAJSS Arts & Commerce Coolege for Wome,Ranebennur.

Prof. B.U.Malenahalli,
Organiser,BAJSS Arts & Commerce Coolege for Wome,Ranebennur.

YOGA
Certificate Course

B.A.J.S.S ARTS & COMMERCE COLLEGE FOR WOMEN HALAGERI ROAD RANEBE NNUR-581115

Course will commence 21-06-2021 to 23-08-2021
Timing: Every Day 6.30AM to 8.30AM
Venue: Sanadhi Halli
Organised By Department of Physical Education & Sport

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CIRCULAR

Date: 31-05-2021

This is to bring to the Notice to all the students of our college is that as usual our college will start short term Certificate course in Yoga Training during 2020-2021 academic year from 21-06-2021 to 23-08-2021. Interested students are here by informed to enroll their names to Prof. Basavaraj Malenahalli, Course Organizer on or before 07-06-2020.

Timings of the Classes is as follows.

Every Day 6:30 AM to 8:30 AM.

Principal
PRINCIPAL
BAJSS.Arts & Commerce College For W
Halageri Road, RANEBENNUR-5811

III BCom

Bajantri. B Com V

BCom III Sem

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ಬಿ.ಎ.ಜೆ. ಎಸ್. ಎಸ್. ಕಲಾಮತ್ತುವಾಣಿಜ್ಯಮಹಿಳಾಮಹಾವಿದ್ಯಾಲಯ
ಹಲಗೇರಿರಸ್ತೆ.
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Bhartiya Adimjati Sevak Sangh(R)
BA JSS ARTS AND COMMERCE COLLEGE FOR WOMEN
Sri Gayatri Campus, Halageri Road Ranebennur581115 Dist.: Haveri State Karnataka
STD:08373- Office: 267968, 297468, Mobile: 9481736128
Email: bajsswck09@gmail.com web: bajsswomenscollege.com

Department of Physical Education and Sports
Certificate Course on Yoga 2020-21
Time Table-2020-21

This is to inform the students who have enrolled for Certificate Course on YOGA to attend compulsory the classes as per the prescribed time table

MONTH:- JUNE		
DAY	TIME	DATE
Monday	7 AM-8AM	21,28,
Tuesday	7 AM-8AM	22,29
Wednesday	7 AM-8AM	23, 30
Thursday	7 AM-8AM	24,
Friday	7 AM-8AM	
Saturday	7 AM-8AM	26
MONTH:- JULY		
DAY	TIME	DATE
Monday	7 AM-8AM	05,12,19,26
Tuesday	7 AM-8AM	06,13,27,
Wednesday	7 AM-8AM	14,28,
Thursday	7 AM-8AM	01,08,15,29
Friday	7 AM-8AM	02,09,16,30
Saturday	7 AM-8AM	03,10,17,31
MONTH:- AUGUST		
DAY	TIME	DATE
Monday	7 AM-8AM	02,09,16,23
Tuesday	7 AM-8AM	03,10,17,
Wednesday	7 AM-8AM	04,11,18,
Thursday	7 AM-8AM	05,12,
Friday	7 AM-8AM	06,13,
Saturday	7 AM-8AM	07,14

Co-ordinator
B A J S S
Arts & Commerce College for Women
Halageri Road,
RANEBENNUR-581115

PRINCIPAL
B.A.J.S.S. College For Women
Halageri Road, Ranebennur

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Yoga Syllabus

Introduction to Yoga A Life Science

Content of Yoga	90 Hours
Unit -1 : Introduction to Yoga Chapter-1 : Origin and History Chapter-2 : Types of Yoga Chapter-3 : Importance and Impact of Yoga	14
Unit – 2 : Knowledge of our Body Chapter-4 : Complete structure of body Chapter-5 : Internal organs and co-ordination Chapter-6 : Digestive System	14
Unit – 3 : Importance of Food, Water and Exercise Chapter-7 : Healthy and Water Chapter-8 : Exercise and Yoga	14
Unit – 4 : Yoga Asanas and Practical's Chapter-9 : a) Increase circulation of blood b) Injury proofing by warm-up exercises 1) Hand and Shoulder rotation 2) Head rotation 3) Jogging on the spot 4) Jumping 5) Jumping jacks 6) Hip rotation 7) touching feet alternate leg hands 8) Relaxation Vishramasana c) Suryanamaskara with Suryastuti (Namaskara, Urdhvasana, Hshtapadmasana, Ekapadmasana (L), Dwipadasana, Parvatasana, Ashtangasana(Prone), Bhujangasana, Ekapadmasana(R), Hshtapadasana, Urdhvasana,	48

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Namaskarasana d) Butterfly, Vakrasana, Gomukhasana (sitting), e) (Supine) Sarvangasana, Halasana, Pavanamuktasana Chapter-10 : Pranayama a) Anuloma – Viloma b) Kapalabhati (kriya) c) Bhramari d) Bhastrika Chapter-11 : (Prone) Makarasana, Dhanurasana Chapter-12 : Om meditation and Shavasana (Padmasana or Sukhasana) Assignments :- 2 Assignments : 1) on food and water 2) uses of Asanas and when not to do (Have to be submitted and marks will be allotted for it	

Text books : -

1) The complete human body : The definitive visual guide by Dr. Alice Roberts

2) Complete book of Yoga by Swami Vivekananda

3) The Illustrated light on Yoga – B.K.S. Iyengar

Reference books :-

1) Hatha Yoga Pradhika by Mukthibhodananda

2) Patanjali Yoga Sutras by Swami Vivekananda

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RESUME

Rajiv.K.M.
S/O Dr R M Kuberappa,
Sri Tiruchi Nilaya,
1st Main 2nd Cross,
Umashankar Nagar,
Ranebennur-581115
Haveri district

:(rajivkmhi5@gmail.com)
: +919731311298/ 9448068095

CAREER OBJECTIVE

To establish myself as a successful person with enthusiasm to excel in every opportunity entrusted to me. Achieving excellence in work and striving every moment to improvise according to the need.

EDUCATIONAL QUALIFICATIONS

Course	Name of the Institution & Place	Year of passing	Percentage
Ph D Scholar	Dr MGR Educational and Research Institute, University, Chennai	Part time	Pursuing
M.Tech in Computer Science & Engineering	CMRIT, ITPB road, Bengaluru	2014	63.12%
B.E Computer Science & Engineering	Jnana Vikas Institute of Technology, Bidadi, Ramanagar District	2010	56.52%
Intermediate	J.S.S Pre-University College, Dharwar	2005	53.00%
S S L C	Rotary E M School, Ranebennur-581115 Haveri District	2002	62.88%

PERSONAL INFORMATION

Name: **RAJIV KUBERAPPA MALLADADA**

Permanent Address: S/O Dr R M Kuberappa,
Sri Tiruchi Nilaya,
1st Main 2nd Cross,

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Umashankar Nagar,
Ranebennur-581115
Haveri district

Date of Birth: 14-10-1986

Sex: Male

Nationality: Indian

Marital status: Married

Languages Known: Kannada,Hindi,Telugu & English.

Hobbies and Interests: Participating and organizing events, Teach and practice Yoga[Certified in April 2022], Sports- Basket ball, Volley ball, etc, Listening to Music, Educational Institutions Management and Business.

Work Experience:

Worked in	Duration
Guest Lecturer, Government Engineering College, Huvina Hadagali, Bellary District,Karnataka	4th August 2014 to 20th November 2014
Guest Lecturer, Government Engineering College, Devagiri , Haveri , Karnataka	2nd February 2015 to 24th May 2018
Guest Lecturer, B A J S S Arts And Commerce College for Women, Gayatri Campus, Ranebennur, Haveri District, Karnataka State	1st June 2018 to till date in service

PERSONAL SKILLS

Comprehensive problem solving abilities, Ability to deal with people diplomatically, Fast learner, Team facilitator.

DECLARATION

I here by declare that all the information furnished above is true to the best of my knowledge.

Place :
Date :

(RAJIV K M)

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BAJSS

BAJSS ARTS & COMMERCE COLLEGE FOR WOMEN HALGERI ROAD RANEBENNUR

HALGERI ROAD RANEBENNUR - 581115

DEPARTMENT OF PHYSICAL EDUCTION & SPORTS

CERTIFICATE

This is to certify that Kumar/ Kumari.....of.....
has Completed Certificate Course in Yoga for the year 2020-21

Dr. SURESH BANAKAR	Prof. RAJIV K M	Prof. B U MALENAHALLI	Dr. R M KUBERAPPA
Principal	*Yoga Expert*	*Organiser*	*Secretary*

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ಹಲಗೇರಿರಸ್ತೆ.
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Bhartiya Adimjati Sevak Sangh(R)
BA JSS ARTS AND COMMERCE COLLEGE FOR WOMEN
Sri Gayatri Campus, Halageri Road Ranebennur581115 Dist.: Haveri State Karnataka
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Department of Physical Education and Sports
Certificate Course on Yoga 2020-21

Syllabus

Objectives of Course

- To promote the awareness in Positive Health and Yogic Personality Development
- To develop and impact skill in application of Yogic Practices for restoring and promoting Positive Health
- It ts ideal for those always wanted to a have in depth understanding of yoga but unable to take a long time off. see 2018-19 format for corection.

Sl.No	Content	Duration
1	Unit-1.Introduction to Yoga	14
2	Unit – 2 : Knowledge of our Body	14
3	Unit – 3 : Importance of Food, Water and Exercise	14
4	Unit – 4 : Yoga Asanas and Practicals	48

Total Teaching hours: 90

References:

Co-ordinator IQAC
B.A.J.S.S
Arts & Commerce College for Women
Halageri Road,
RANEBENNUR-581115

Arts & Commerce College for Women RANEBENNUR 581115.

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Halageri Road, Ranebennur

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SUMMARY

During the year 2020-21, 26 Students on Yoga admitted to the regular class the Sri. Rajiv K M Assistant Professor and Yoga expert also using ICT and Demonstrative class.The total number of students more than 90% of the attendance is regularly. This course has helped students for positive health and different competitive examination and some of them get achieved with competitive exam. Finally the course as helped for Students community for building their career.

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DEPARTMENT OF PHYSICAL EDUCATION AND SPORTS

Assessment and outcome of certificate course on

"Yoga" for the year 2020-21

Certificate Course in yoga is designed to enable the learners tolead a joy ful yogic life. It is basically a certification course, the duration of which is one month The Certificate Course in yoga mainly emphasizes on prividing the basic understanding of the yoga mentally and Physically to the students.

The course is primarily designed for those students who have interest in yoga. The basic objectives of this certificate course is to gradually develop their clear understanding of the yoga class, physical and mental development which enables the students to have a knowledge of yoga. After completion of this certificate course the students will be able to define yoga and Pranayam.

Finally the course as helped for student's Physically and mentally for building their career.

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CERTIFICATE COURSE ON YOGA 2020-21

The following are the list of students who have enrolled for Certificate Course on Yoga They are informed to attend the classes as per prescribed class time table.

SL.NO	Name of The Students	SL.NO	Name of The Students
1	RANJITA B.G	14	MADHU.B
2	JAYASHRI.N.I	15	RENUKA H
3	RAJESHWARI.N.P	16	LALITA B.
4	SUMA.G	17	NIVEDITA S
5	MADHU.S	18	KAVYA .N
6	TEJASWINI .M	19	LAXIMI.S
7	SUPRITA G	20	KAVYA N
8	PADMA P	21	ARCHANA S
9	VIDYA.D	22	RATNAMMA K
10	MANGALA Y	23	JYOTI D
11	VIDYA.G	24	SHWETHA M
12	JYOTI.S	25	PREAMA D
13	PARVATI K	26	REKHA T

Co-ordinator IQAC
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ವಿದ್ಯಾರ್ಥಿಗಳ ಹಾಜರಿ ಪುಸ್ತಕ

ಶಾಲೆ ಹೆಸರು: BAJSS Women's College Ranebennur

ಮಾಹೆ: 2020-21 ತರಗತಿ: I BA / B.Com

Roll No. ರೋಲ್ ನಂ.	Admission No ಪ್ರವೇಶ ಸಂಖ್ಯೆ	Date of Birth ಜನ್ಮ ದಿನಾಂಕ	Name of the Student ವಿದ್ಯಾರ್ಥಿಯ ಹೆಸರು	Caste ಜಾತಿ	1	2	3	4	5	6	7	8	9	10	11
					21-6-2021										
01			Rajita B. Gouthakkalavar		1	2	3	4	5	6	7	8	9	10	
02			Jayashi. N. Hanji.		1	2	3	4	5	6	7	8	9	10	
03			Rajeshwari. N. Patil.		1	2	3	4	5	6	7	8	9	10	
04			Suma. R. Gunjappanavar		1	2	3	4	5	6	7	8	9	10	
05			Madhu. Solabannanavar		1	2	3	4	5	6	7	8	9	10	
06			Tejaswini. P. Mandakki		1	2	3	4	5	6	7	8	9	10	
07			Supriya. U. Gouda Pagouda		1	2	3	4	5	6	7	8	9	10	
08			Padma. Paste		1	2	3	4	5	6	7	8	9	10	11
09			Vidya. B. Dodachikkanavar		1	2	3	4	5	6	7	8	9	10	11
10			Mangala. N. Yadahalli		1	2	3	4	5	6	7	8	9	10	
11			Vidya. G. Hanigoudra		1	2	3	4	5	6	7	8	9	10	
12			Jyothi. S. Mihaigkar		1	1	2	3	4	5	6	7	8	9	
13			Pavitra. Kayakad		1	1	1	2	3	4	5	6	7	8	9
14			Madhu S. Banakar		1	1	2	3	4	4	5	6	7	8	9
15			Renuka. N. Hanji		1	2	3	4	5	6	7	8	9	10	11
16			Lalita. T. Binge		1	2	3	4	5	6	7	8	9	10	
17			Nivedita. M. Sannappanavar		1	2	3	4	5	6	7	8	9	10	11
18			Kavya. P. Nagathajji.		1	2	3	4	5	6	7	8	9	10	11
19			Lakshmi. M. Sutar		1	2	3	4	4	5	6	7	8	9	
20			Kavya. H. Nagathajji		1	2	3	4	5	6	7	8	9	10	11
21			Archana. Sangadar		1	2	3	4	5	6	7	8	9	10	11
22			Rathnamma. K. Kalhad		1	2	3	4	5	6	7	8	9	10	11
23			Jyothi. Dyamanavar		1	2	3	4	5	6	7	8	9	10	11
24			Swetha. Malagi	B.C.I.	1	2	3	4	5	6	7	8	9	10	11
25			Prema. H. Davangere		1	2	3	4	5	6	7	8	9	10	11
26			Rekha. Talawar		1	2	3	4	5	6	7	8	9	10	11
No. Present Daily ದಿನವಹಿ ಹಾಜರಾದವರ ಸಂಖ್ಯೆ															
Total No. in the Register ಪುಸ್ತಕದಲ್ಲಿರುವ ಒಟ್ಟು ಸಂಖ್ಯೆ															

ಆರಂಭದಲ್ಲಿ ಹೋಷ್ಟಾರು Abstract in the beginning

	SC	ST	Minorities	Others	Total

1. Number at the beginning of the Month ತಿಂಗಳ ಪ್ರಾರಂಭದಲ್ಲಿದ್ದವರ ಸಂಖ್ಯೆ: ____
2. Admission during the month
3. No. left during the month ತಿಂಗಳನಲ್ಲಿ ಶಾಲೆ ಬಿಟ್ಟವರ ಸಂಖ್ಯೆ: ____
4. Number at the end of the month ತಿಂಗಳ ಅಂತ್ಯದಲ್ಲಿದ್ದವರ ಸಂಖ್ಯೆ: ____

STUDENT'S ATTENDANCE REGISTER

Name of the School _____

Month of _____ 20 _____ Class : _____

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	No. of days present ಹಾಜರಿದ್ದ ದಿನಗಳ ಸಂಖ್ಯೆ	Total No. of Attendance from the beginning of the Academic year ಶೈಕ್ಷಣಿಕ ವರ್ಷಾರಂಭದಿಂದ ಇದುವರೆಗಿನ ಒಟ್ಟು ಹಾಜರಿ	Date of onnginal addmission to the class/promotion ವರ್ಗಕ್ಕೆ ಸೇರಿದ/ಮೇಲ್ದರ್ಜೆಗೆ ಪದೋನ್ನತಿ ಪಡೆದ ದಿನಾಂಕ
																						23-8-2021											

ವಿದ್ಯಾರ್ಥಿಗಳ ಹಾಜರಿ ಪುಸ್ತಕ

ಶಾಲೆ ಹೆಸರು: BAJSS Women's College Ranebennur

ಮಾಹೆ: _____ 20 20-21ನೇ ಸಾಲಿನ ತರಗತಿ: 1st B.Com

Roll No. ರೋಲ್ ನಂ.	Admission No. ಪ್ರವೇಶ ಸಂಖ್ಯೆ	Date of Birth ಜನ್ಮ ದಿನಾಂಕ	Name of the Student ವಿದ್ಯಾರ್ಥಿಯ ಹೆಸರು	Caste ಜಾತಿ	೦	೧	೨	೩	೪	೫	೬	೭	೮	೯	೧೦	೧೧
					4	5	6	7	9	10	11	12	13	14	16	17
					8	3	5	8	8	8	8	8	8	8	8	8
01			Ranjita. Gouragkalagaga		29	30	31	32	33	34	35	36	37	38	39	40
02			Jayashi N. Hangi		36	31	32	33	34	35	36	37	38	39	40	41
03			Rajeswari. N. Patil		31	32	33	34	35	36	37	38	39	40	41	42
04			Suma. R. Vijayapuragaga		30	31	32	33	34	35	36	36	37	38	39	40
05			Madhu Solabamanagaga		32	33	34	35	36	37	38	39	40	41	42	43
06			Tejaswini. P. Mandakki		29	30	31	32	33	34	35	36	37	38	39	40
07			Supriya. G. Goudappagouda		29	30	31	32	33	34	35	36	37	38	39	40
08			Padma. Paste		30	31	32	33	34	35	36	37	38	39	40	41
09			Vidya. B. Doddachikkannavar		30	31	32	33	34	35	36	36	37	38	39	40
10			Mangala. N. Vadeyalli		31	32	33	34	35	36	37	38	39	40	41	42
11			Vidya. Vijigoudara		31	32	33	34	35	36	37	38	39	40	41	42
12			Jyothi. S. Thigalakar		29	30	31	32	33	34	35	36	37	38	39	40
13			Parvati. Kattad		30	31	32	33	34	35	36	37	38	39	40	41
14			Madhu. S. Banakar		31	32	33	34	35	36	37	38	39	40	41	42
15			Renuka. N. Hanijar		32	33	34	35	36	37	38	39	40	41	42	43
16			Lalita T. Binger		32	33	34	35	36	37	37	38	39	40	40	41
17			Nivedita. M. Sannappanavar		31	32	33	34	35	36	37	38	39	40	41	42
18			Kavya P. Nagarajji		31	32	33	34	35	36	37	38	39	40	41	42
19			Laxmi. M. Sutar		30	31	32	33	34	35	34	35	36	37	38	39
20			Kavya. H. Nagarajji		30	31	32	33	34	35	36	37	38	39	40	41
21			Archana. Sunagar		31	32	33	34	35	36	37	38	39	40	41	42
22			Ratnamma. K. Hattad		30	31	32	33	34	35	36	37	38	38	39	40
23			Jyothi. Oyamannavar		31	32	33	34	35	36	37	38	39	40	41	42
24			Shwetha. Melagiri		32	33	34	35	36	37	38	39	40	41	42	43
25			Prema. H. Davanagere		32	33	34	35	36	37	38	39	40	41	42	43
26			Rekha. Talawar		32	33	34	35	36	37	38	39	40	41	42	43
No. Present Daily ದಿನವಹಿ ಹಾಜರಾದವರ ಸಂಖ್ಯೆ																
Total No. in the Register ಪುಸ್ತಕದಲ್ಲಿರುವ ಒಟ್ಟು ಸಂಖ್ಯೆ																

ಆರಂಭದಲ್ಲಿ ಘೋಷ್ಯಾರು Abstract in the beginning					
	SC	ST	Minorities	Others	Total

1. Number at the beginning of the Month ತಿಂಗಳ ಪ್ರಾರಂಭದಲ್ಲಿದ್ದವರ ಸಂಖ್ಯೆ: _____
3. No. left during the month ತಿಂಗಳಲ್ಲಿ ಶಾಲೆ ಬಿಟ್ಟವರ ಸಂಖ್ಯೆ: _____
4. Number at the end of the month

STUDENT'S ATTEND

Name of the School _____

Month of _____ 20

೧೨	೧೩	೧೪	೧೫	೧೬	೧೭	೧೮	೧೯	೨೦	೨೧	೨೨	೨೩	೨೪	೨೫
17	18	23											
18	18	23	15	16	17	18	19	20	21	22	23	24	

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Halageri Road, RANEBENNUR-581115

5. No. of School working days ಶಾಲೆ ನಡೆದ ದಿನಗಳು ಸಂಖ್ಯೆ: _____
6. Average number on the roll during the month
7. Average
8. Percenta

ಹಲಗೇರಿರಸ್ತೆ.
Permanently Affiliated to Karnataka State Women's University Bijapur.
Bhartiya Adimjati Sevak Sangh(R)
BA JSS ARTS AND COMMERCE COLLEGE FOR WOMEN
Sri Gayatri Campus, Halageri Road Ranebennur581115 Dist.: Haveri State Karnataka
STD:08373- Office: 267968, 297468, Mobile: 9481736128
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web: bajsswomenscollege.com

Certificate Course on "Yoga" for the year 2020-21

Model Question Paper

1) which mudra is best for students and scholars .

a. Surya mudra b.Prana mudra c.Gyana mudra d.Surya mudra

2) During the practice of surya bhedi pranayama, puraka (Inhalation) should be done through

a. Right nostril b. Mouth c. Left Nostril d. Both Nodtril

3) which Asana is recommended to do after Shirashasana ?

a kurmasana b. chakrasana c. Shashankasana d. Sarvangasana

4) which is the seventh step during the practice of surya Namaskara?

a . prana masana b. Bhujangasana c. . Hasta padasana d. Parvatasana

5) Which Asana is recommended to do after the practice of Ardhchakrasana?

a. Halasana b. Gomukhasana c. Dhanurasana d. Padahasthasana

6)Which asana is known as the king of Asana?

a. Shirashasana b. Sukabhasana c. Bhadrasana d. Siddhasana

7). Which Chakra is activated by Practice of Jalandhar Bandha?

a. Manipur b. Anahata c. Visuddhi d. Muladhara

8) Which Asana is known as the king of Asana?

a. Siddhasana b. Shirsasana c.Sukabhasana d. Bhadrasana

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9) Which Chakra is activated by practice of Uddiyana bandha?

a. Vishuddhi b. Muladhara c. Anahata d. Manipura

10) How many parts of Ashtanga Yoga are decribed by Maharshi Patanjali?

a. 7 b. 10 c. 6 d. 8

11) Which Mudra is performed by placing tips of ring fingers and thumb together?

a. Pranamudra b. Suryamudra c. Vayumudra d. Prithvimudra

12) "Sthira Sukham Asanam" this definition is given by

a. Shri Krishna b. Vedavyasa c. Maharshi Patanjali d Maharshi Gheranda

13) How many parts of Yama are described in Patanjali Yogasutras?

a. 8 b.6 c.5 d.10

14) Who gave the definition Yoga Chitta Vritti Nirodaha?

a. Maharshi Gheranda b. Maharshi Vyasa c. Shri Krishna
d. Maharshi Patanjali

15) The total number of Sutras in Patanjali Yoga sutras are?

a. 155 b.185 c.195 d.175

16) According to Maharshi Patanjali Pranayama is the _____ limb of Ashtanga Yoga?

a. Third b. Fourth c. Second d.Fifth

17) Where does Ajna Chakra located?

a. Tongue b. Chest c. Eyebrow centre d. Legs

18) The word "Yoga" is derived from a Sanskrit word meaning what?

a. Union b.Spirit c. Asana d. Posture

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19) What is Chakra?

a. Prayer point b. Karma c. Bandha d. Energy centre

20) How many chakras are there in the human body?

a. Four b. Three c. Seven d. Ten

21) From which country does Yoga originated from?

a. Japan b. China c. India d. America

22) Where is Kundalini located?

a. The brain b. The whole body c. The base of the spine d. None of the above

23) Matsyasana is performed in _____

a. Dhanurasana b. Tadasana c. Halasana d. Padmasana

24) The technique to control breath is _____

a. Surya namaskara b. Asana c. Kriya d. Pranayama

25) The relaxative posture is

a. Shavasana b. Navakasana c. Mandukasana d. Chakrasana

Co-ordinator
B A J S S
Arts & Commerce College for Women
Halageri Road
RANEBENNUR-581115

B.A.J.S.S. Commerce College for Women RANEBENNUR 581115

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